



# Igniting your *passion*

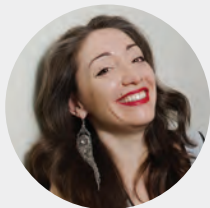


BODY MIND HEART SOUL

[www.spiritsexlab.com](http://www.spiritsexlab.com)

[@spiritsexlab](#) Insta, FB and YouTube

*Thank you for taking an interest in embarking on a transformational journey with me. I would be delighted to accompany and support you on the journey of self-empowerment, liberation and unique expression of your inner core essence.*



**HI, I'M EVGUENIA FROM SPIRITSEXLAB.** I help successful professionals overcome their emotional, sexual and spiritual blockages; and create lives full of unsurpassed passion, pleasure & authenticity. I teach my clients to transform their lives and embrace their full potential using judgement-free holistic mindfulness and experiential energy-based approach.

## MODULES

### PERSONAL TRANSFORMATION / CONNECTION WITH SELF

1. Deepening connection with oneself: emotional, sexual and intimate blockages (Part 1)
2. Learning to manage difficult emotions (Part 2)
3. Identifying needs + redefining oneself (sexually, emotionally, spiritually), setting and manifesting intentions
4. Self-esteem and self-love work; discovering essence
5. Sexual blueprint, charisma and self confidence
6. Multiplying pleasure, becoming confident lover (pleasure techniques from **SENSUALITY TOOL BOX**)

### DATING & RELATIONSHIPS

1. Letting go of old painful patterns / relationships
2. Redefining Partner + Relationships (Relationship spectrum exploration)
3. Dating guidance + Resources
4. Connection building + deepening (sexually, emotionally, spiritually)
5. Multiplying pleasure, becoming confident lover (communication + pleasure techniques from **SENSUALITY TOOL BOX**)
6. Adding desire and spice into relationships, creating a sensuality toolbox

### HOT & SPICY SENSUALITY TOOL BOX

1. G spot Stimulation + all about female pleasure
2. Prostate Stimulation + all about male pleasure
3. Dirty talk + art of tease and seduction
4. Tantric pleasure practices for all genders
5. Energy Orgasms (profound spiritual phenomenon – 3 session package)
6. Open relationships / Polyamory (main principles, scheduling, jealousy, communication, boundaries etc.)
7. BDSM / Toy Chest and Fantasy / Kink Play Ideas (overview, fun play ideas, safety, ways to explore)
8. Group sex / Sex Club experiences (fantasy, boundaries, safety, jealousy, communication)
9. Relationship Spice (how to add spice into long terms relationships)

### PRACTICAL GUIDED EXPERIENCES :

1. Kink Party Guided Tour
2. Sex Club Guided Tour
3. Rage Room Experiential
4. Ecstatic Dance Experiential

## MULTIDIMENSIONAL APPROACH

- Holistic, multidimensional mindfulness based experientials (body, mind, heart and soul)
- Safe space, open and judgement-free guidance – poly and kink friendly
- Energetic take home techniques and useful practices
- Deep, transformational professional healing

## INDIVIDUAL A LA CARTE SESSIONS (All prices are valid until September 30<sup>th</sup>, 2020)

### INITIAL DEEP DIVE SESSION \$260

- Optional complimentary 15 minute phone / Zoom consultation
- Initial Deep Dive background, goals, challenges, physical health overview session (approx. 2.0h)
- Guided energy work, sexual guidance and hands on healing work
- Personalized resource email sent after the session
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers

### 6 HOUR SESSION PACKAGE \$740 (\$40 in savings)

- Guided energy work, sexual guidance and hands on healing work (could be divided into 4 x 1.5h, 3 x 2h, 2 x 3h)
- Up to 4 weekly coaching sessions with healings (1.5-3h in length)
- Personalized resource emails sent after each session
- All templates and resources and guidance forms
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers

### 12 HOUR SESSION PACKAGE \$1400 (\$160 in savings)

- Guided energy work, sexual guidance and hands on healing work (could be divided into 8 x 1.5h or 6 x 2h, 4 x 3h)
- Up to 8 weekly coaching sessions with healings (1.5-3h in length)
- Personalized resource emails sent after each session
- All templates and resources and guidance forms
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers

## INDIVIDUAL MONTHLY PACKAGES

### CORE PLEASURE INDIVIDUAL PACKAGE LEVEL \$540 / month<sup>2</sup> (\$250 in savings)

(3 months minimum commitment) | Limited to 4 clients

- Initial Deep Dive background, goals, challenges, physical health overview session (2h)
- **Bi-Weekly coaching sessions** with healings (approx. 1.5h in length)
- Quarterly 2h deep dive check ins
- All templates and resources and guidance forms
- Personalized resource emails sent after each session
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers
- **Homework assignments and exercises** (\$130 value)
- **Direct Support Email access in between the sessions (answered within 24h)** (\$150 value)
- **Personalized copy of Soulfully sexy Alice in Polyland book written by me** (\$45 value)

### ELITE BRILLIANCE INDIVIDUAL PACKAGE LEVEL \$915 / month<sup>2</sup> (\$450 in savings)

(3 months minimum commitment) | Limited to 3 clients

- Initial Deep Dive background, goals, challenges, physical health overview session (2h)
- **Weekly coaching sessions** with healings (approx. 1.5h in length)
- Quarterly 2h deep dive check-ins
- Personalized resource emails sent after each session
- All templates and resources and guidance forms
- Personalized copy of Soulfully sexy Alice in Polyland book written by me
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers
- **Homework assignments and exercises** (\$130 value)
- **Up to 2 phone calls scheduled within 24h for support as needed** (\$130 value)
- **Direct Support Email access in between the sessions (answered within 24h)** (\$150 value)
- **Personalized copy of Soulfully sexy Alice in Polyland book written by me** (\$45 value)

## COUPLES A LA CARTE SESSIONS

### COUPLES DEEP DIVE SESSION \$320

- Optional complimentary 15 minute phone / Zoom consultation
- Initial Deep Dive background, goals, challenges, physical health overview session (approx. 2.5h)
- Guided energy work, sexual guidance and hands on healing work
- Personalized resource email sent after the session
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers

### 6 HOUR SESSION PACKAGE \$910 (\$50 in savings)

- Guided energy work, sexual guidance and hands on healing work (could be divided into 3 x 2h, 2 x 3h)
- Up to 3 weekly coaching sessions with healings (approx. 2-3h in length)
- Personalized resource emails sent after each session
- All templates and guidance forms
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers

### 12 HOUR SESSION PACKAGE \$1730 (\$220 in savings)

- Guided energy work, sexual guidance and hands on healing work (could be divided into 6 x 2h, 4 x 3h)
- Up to 6 weekly coaching sessions with healings (approx. 2-3h in length)
- Personalized resource emails sent after each session
- All templates and guidance forms
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers

## COUPLES MONTHLY PACKAGES

### CORE PLEASURE COUPLES PACKAGE LEVEL \$840 / month<sup>2</sup> (\$385 in savings)

(3 months minimum commitment) | Limited to 4 clients

- Initial Deep Dive background, goals, challenges, physical health overview session (2h)
- **Bi-Weekly coaching sessions** with healings (approx. 2h in length)
- Quarterly 2h deep dive check ins
- Personalized resource emails sent after each session
- All templates and resources and guidance forms
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers
- **Homework assignments and exercises**
- **Direct Support Email access in between the sessions (answered within 24h)** (\$150 value)
- **Personalized fantasy play date suggestions** (\$150 value)<sup>1</sup>
- **Personalized copy of Soulfully sexy Alice in Polyland book written by me** (\$45 value)

### ELITE BRILLIANCE COUPLES PACKAGE LEVEL \$1375 / month<sup>2</sup> (\$750 in savings)

(3 months minimum commitment) | Limited to 3 clients

- Initial Deep Dive background, goals, challenges, physical health overview session (2.5h)
- **Weekly coaching sessions** with healings (approx. 2h in length)
- Quarterly 2.5h deep dive check-ins
- Personalized resource emails sent after each session
- All templates and resources and guidance forms
- Daily Blog posts and responses on FB page
- Monthly newsletter tips and subscriber only complimentary offers
- **Homework assignments and exercises**
- **Up to 2 phone calls scheduled within 24h for support as needed** (\$130 value)
- **Personalized fantasy play date suggestions** (\$150 value)<sup>1</sup>
- **Direct Support Email access in between the sessions (answered within 24h)** (\$150 value)
- **Personalized copy of Soulfully sexy Alice in Polyland book written by me** (\$45 value)

<sup>1</sup> Happy to share more details about my exclusive personal on site guidance

<sup>2</sup> Individual Package could be expanded to a Couples Package at the beginning of any month  
Prices do not include taxes (13%)