



POWERED BY



Igniting your *passion*

INDIVIDUAL & COUPLES

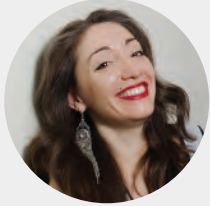
MODULE OFFERINGS & PRICING

 |  |  | 
BODY MIND HEART SOUL

www.spiritsexlab.com

[@spiritsexlab](#) Insta, FB and YouTube

Thank you for taking an interest in embarking on a transformational journey with me. I would be delighted to accompany and support you on the journey of self-empowerment, liberation and unique expression of your inner core essence.



HI, I'M EVGUENIA FROM SPIRITSEXLAB. I help successful professionals to overcome their emotional, sexual and spiritual blockages; and create lives full of unsurpassed passion, pleasure and authenticity. I teach my clients to transform their lives and embrace their full potential using judgement-free holistic mindfulness and experiential energy-based approach.

MULTIDIMENSIONAL, PROFESSIONAL & EFFECTIVE APPROACH

- Comprehensive collateral information, highly effective proven techniques
- Roadmap process flow: assessment, healing, discovery, action / realization
- Holistic, multidimensional mindfulness-based practices (body, mind, heart, soul)
- Personally embodied, expansive and proven work process
- Safe space, open and judgement-free guidance – poly and kink friendly
- Energetic take home techniques and useful practices
- Deep, transformational professional healing

CLIENT TESTIMONIAL: "I LOVED EVERY MINUTE OF TODAY!"

"I am still at a loss for words. This energy, these feelings, this experience, I never dreamt I could get there. Oh oh oh oh I am going to have to take some time to let it all settle in as I just can't describe it.

I loved every minute of today, I will never forget this day, never!!! Healing, honesty, laughter and connection, so perfect! I can't find the words to express how this feels. OMG do I love you and what you are doing for me.... omg... Love Bob"



BOB, BUSINESS EXECUTIVE
PERSONAL TRANSFORMATION
RELATIONSHIP & SEXUALITY CLIENT

CLIENT TESTIMONIAL: "SUCH A FEELING OF LIBERATION!"

"I can't even put into words what I feel: the session has revealed to me the secret behind my sexual empowerment, how my body would react with the energy orgasm and most of all, those intense levels of bliss. It was such a feeling of liberation, aliveness and emotional freedom. After the session, I have gained the ability to feel again. I have never been this connected with my authentic self and now I feel amazing, excited, open, energised and alive!"



SARAH, CREATIVE PROFESSIONAL
ENERGY ORGASM CLIENT

MODULES

PERSONAL TRANSFORMATION: CONNECTION WITH SELF

- 🔥 1. Deepening connection with oneself: emotional, sexual and intimate blockage awareness (Part 1)
- 🔥 2. Managing difficult emotions, blockages identification + removal (Part 2)
- 3. Identifying needs + redefining oneself (sexually, emotionally, spiritually), setting and manifesting intentions
- 4. Self-esteem and self-love work; discovering essence
- 5. Sexual blueprint, charisma and self-confidence
- 6. Multiplying pleasure, becoming a confident lover (pleasure techniques from sensuality toolbox)

DATING & RELATIONSHIPS: CONNECTION WITH OTHER

- 1. Letting go of old painful patterns / relationships
- 🔥 2. Redefining partner + Relationships (partner preferences and relationship spectrum exploration)
- 3. Dating guidance and resources (dating profile help, photography / content guidance)
- 4. Connection building + deepening (sexually, emotionally, spiritually)
- 5. Multiplying pleasure, becoming a confident lover (communication + pleasure techniques from **SENSUALITY TOOLBOX**)
- 6. Adding desire and spice into relationships, creating a sensuality toolbox

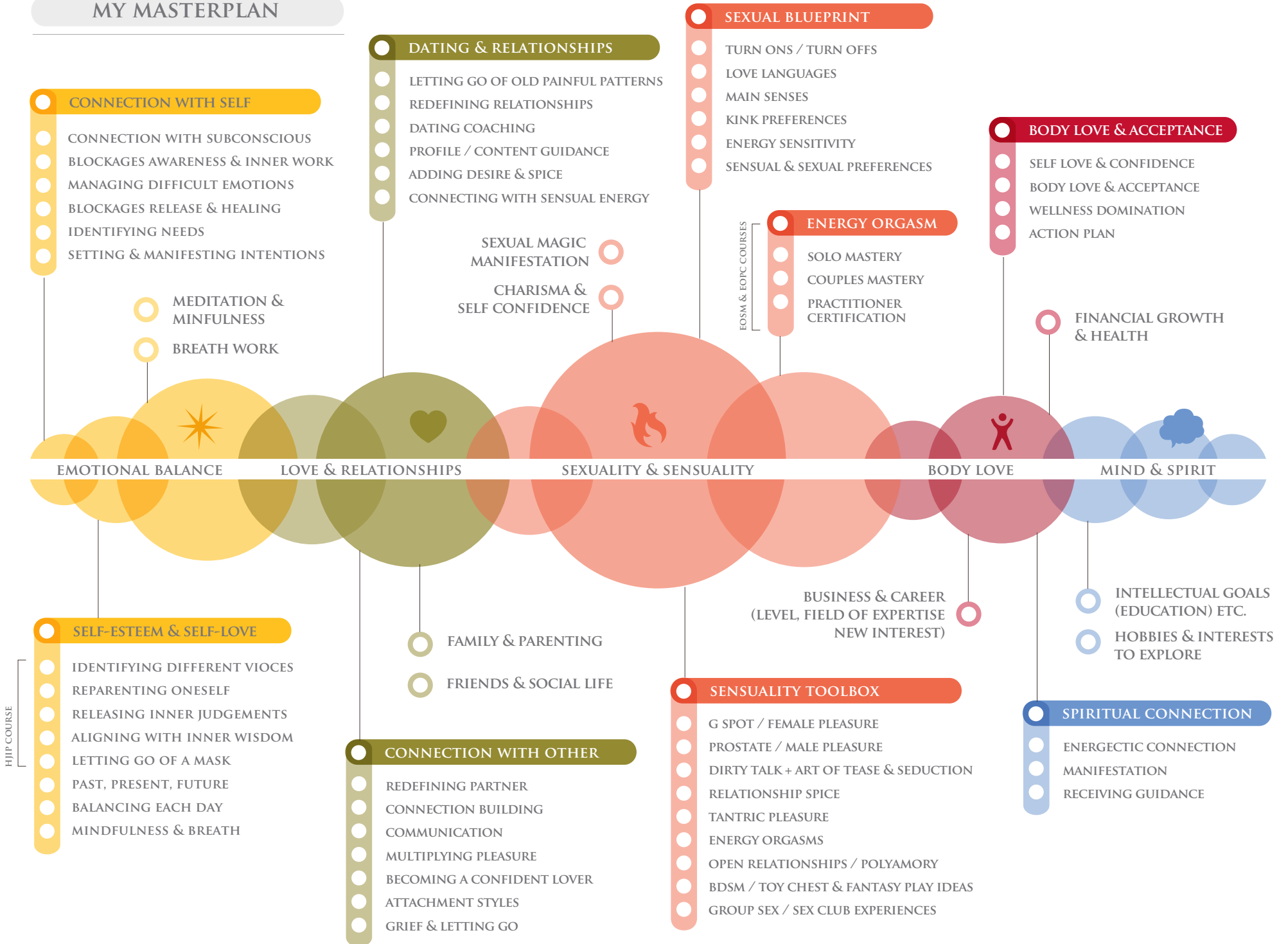
HOT & SPICY SENSUALITY TOOLBOX: CONNECTION WITH SENSUAL ENERGY

- 🔥 1. G spot stimulation + all about female pleasure
- 2. Prostate stimulation + all about male pleasure
- 3. Dirty talk + art of tease and seduction
- 4. Relationship spice (how to add spice into a long term relationships)
- 5. Tantric pleasure practices for all genders
- 🔥 6. Energy Orgasms (profound spiritual phenomenon – 4 session package)
- 7. Open relationships / Polyamory (main principles, scheduling, jealousy, communication, boundaries etc.)
- 8. BDSM / Toy Chest and Fantasy / Kink Play Ideas (overview, fun play ideas, safety, ways to explore)
- 9. Group sex / Sex Club experiences (fantasy, boundaries, safety, jealousy, communication)

ENERGY ORGASM PROGRAM (SOLO & COUPLES): CONNECTION TO ENERGETIC SEXUALITY

- 🔥 1. Energetic field and centers overview & experiential energy sensing
- 🔥 2. Uncovering energetic, emotional and mental blocks
- 🔥 3. Removing and releasing emotional, spiritual and sexual stagnation
- 🔥 4. Strengthening the sexual force within, learning technique, facilitation + tips on partnered pleasure play

MY MASTERPLAN



CLIENT TESTIMONIAL: "BETTER PERSPECTIVE OF LIFE"

"Many thanks for your wisdom, understanding, and guidance. You are a wonderful coach and I appreciate all you have done in helping me navigate my feelings and energy.


I am feeling unburdened today and have a better perspective of life following our session. Thank you as well for the resource materials."



GEORGE, CORPORATE EXECUTIVE
PERSONAL TRANSFORMATION CLIENT

INDIVIDUAL A LA CARTE SESSIONS

(All prices are valid until December 31th, 2022)

ROADMAP PROCESS FLOW: ASSESSMENT, HEALING, DISCOVERY, REALIZATION	FOCUSED TOPIC SESSION, 1.5H	PERSONALIZED DEEP DIVE, 2.0H 
	285	375
Optional complimentary 20 minute Zoom consultation	♥	♥
Personalized Deep Dive background, goals, challenges, physical health overview session		PERSONALIZED DEEP DIVE 2H
Focused and detailed overview of topic of your choice or a Professional Healing Session (1.5h)	1.5 H, TOPIC OF YOUR CHOICE	INCLUDED IN DEEP DIVE 2H
Guided energy work, sexual guidance or hands on healing work	♥	♥
Personalized resource emails sent sessions	♥	♥
Daily Blog posts and responses on FB page	♥	♥
Monthly newsletter tips and subscriber-only complimentary offers	♥	♥

CLIENT TESTIMONIAL: "EXTREMELY KNOWLEDGABLE & REAL LIFE EXPERIENCE"

"Evguenia was very impressive. She was not only extremely knowledgeable, but had real life experiences that really tied in to the material. She is very professional and I could recommend her to anyone.

The energy healing thing was crazy. I had no clue it could work long distance but the tingling very distinctly moved to certain areas. Very intriguing!"



HAILEY, MEDICAL PROFESSIONAL
PERSONAL TRANSFORMATION &
HEALING CLIENT

INDIVIDUAL MONTHLY PACKAGES (3 months minimum commitment)

ROADMAP PROCESS FLOW: ASSESSMENT, HEALING, DISCOVERY, REALIZATION	CORE PLEASURE	PREMIUM BALANCE	ELITE BRILLIANCE
	675 / month ² (250 in savings)	945 / month ² (450 in savings)	1195 / month ² (695 in savings)
Personalized Deep Dive background, goals, challenges, physical health overview session	PERSONALIZED DEEP DIVE 2H	PERSONALIZED DEEP DIVE 2H	PERSONALIZED DEEP DIVE 2H
Coaching sessions with healings	TWICE A MONTH 1.5H	WEEKLY 1 H	WEEKLY 1.5 H
Quarterly Personalized Deep Dive check-ins	♥	♥	♥
Personalized resource emails sent after each session	♥	♥	♥
Daily Social Media posts, Monthly newsletter tips & subscriber only complimentary offers	♥	♥	♥
All templates, resources and guidance forms	♥	♥	♥
Homework assignments and exercises (\$130 VALUE)	♥	♥	♥
Direct support email access in between the sessions (\$150 VALUE)		WITHIN 48H	WITHIN 24H
Personalized Alice in Polyland book (\$15-45 VALUE)		PDF FILE	PRINTED BOOK + CARDS
Phone call scheduled within 24h for support as needed (\$200 VALUE)			♥
Personalized Play Date Recommendations (\$150 VALUE)			♥
Complimentary monthly online webinars (\$35-199 VALUE)			♥
Energy Orgasm Solo Mastery Course (\$497 VALUE)		\$100 OFF	\$250 OFF
Hero's Journey to Inner Peace Course (\$297 VALUE)		\$100 OFF	\$150 OFF

CLIENT TESTIMONIAL: "I FEEL LIKE ITS OUR HONEYMOON!"

"I strongly recommend Evguenia and the Spirit Sex Lab for anyone looking to deepen their connection with themselves, their partners or the world we live in. Thank you Evguenia!"

Her words: not sure what you're up to, but I feel like its our honeymoon!"



COLLIN, LIFE COACH
PERSONAL TRANSFORMATION
& RELATIONSHIPS

COUPLES A LA CARTE SESSIONS

ROADMAP PROCESS FLOW: ASSESSMENT, HEALING, DISCOVERY, REALIZATION	FOCUSED TOPIC SESSION, 1.5H	PERSONALIZED DEEP DIVE, 2.0H
	385	495
Optional complimentary 20 minute Zoom consultation	♥	♥
Personalized Deep Dive background, goals, challenges, physical health overview session		PERSONALIZED DEEP DIVE 2H
Focused and detailed overview of topic of your choice or a Professional Healing Session (1.5h)	1.5 H, TOPIC OF YOUR CHOICE	INCLUDED IN DEEP DIVE 2H
Guided energy work, sexual guidance or hands on healing work	♥	♥
Personalized resource emails sent sessions	♥	♥
Daily Blog posts and responses on FB page	♥	♥
Monthly newsletter tips and subscriber only complimentary offers	♥	♥

CLIENT TESTIMONIAL: "ENCOURAGES TO EXPLORE WITH NO JUDGMENT"

"We love how she always encourages to explore further with no judgment and in a very positive way."

"My husband and I took a few workshops and private sessions and cannot thank Evguenia enough for the changes we had in our personal life."



KATE, BUSINESS PROFESSIONAL
RELATIONSHIP & SEXUAL GUIDANCE

COUPLES MONTHLY PACKAGES

(3 months minimum commitment)

ROADMAP PROCESS FLOW: ASSESSMENT, HEALING,
DISCOVERY, REALIZATION

CORE
PLEASURE

 ELITE
BRILLIANCE

895 / month ²
(450 in savings)

1675 / month ²
(795 in savings)

Personalized Deep Dive background, goals, challenges, physical health overview session

PERSONALIZED
DEEP DIVE 2H

PERSONALIZED
DEEP DIVE 2H

Coaching sessions with healings

TWICE A MONTH 1.5 H

WEEKLY 1.5 H

Quarterly Personalized Deep Dive check-ins



Personalized resource emails sent sessions



Daily Social Media posts, Monthly newsletter tips & subscriber only complimentary offers



All templates, resources and guidance forms



Homework assignments and exercises (\$130 VALUE)



Direct support email access
in between the sessions (\$150 VALUE)

WITHIN 24H

Personalized Alice in Polyland book (\$15-45 VALUE)

PDF FILE

PRINTED BOOK + CARDS

Phone call scheduled within 24h
for support as needed (\$200 VALUE)



Personalized Play Date Recommendations
(\$150 VALUE)



Complimentary monthly online webinars
(\$35-199 VALUE)



Energy Orgasm Solo Mastery Course
(\$497 VALUE)

\$100 OFF

\$250 OFF

Hero's Journey to Inner Peace Course
(\$297 VALUE)

\$100 OFF

\$150 OFF

¹ Happy to share more details about my exclusive personal on site guidance

² Individual Package could be expanded to a Couples Package at the beginning of any month, prices do not include taxes (13%)

CLIENT TESTIMONIAL: “BEAUTIFUL CHANCE TO LOSE INHIBITIONS & TALK DEEPLY”

“I love the course and the people! I enjoy the honest conversations we’re having and the openness of our thoughts. I also really liked our session last night...”

It really helped me feel like my desires, fantasies are normal... it was a beautiful chance to lose inhibitions and talk deeply.”



BOB, BUSINESS EXECUTIVE
PERSONAL TRANSFORMATION
RELATIONSHIP & SEXUALITY CLIENT

HERO’S JOURNEY TO INNER PEACE PREMIUM GROUP (10 months commitment)

EXCLUSIVE SMALL GROUP: INCLUSIVE & JUDGEMENT FREE, DISCUSSIONS, FOCUSED ON VARIOUS TOPICS, HEALINGS & HOMEWORK HELP



PREMIUM
BALANCE

2800 (1520 x 2) ²
(975 in savings)

Very small group helps facilitate deeper, more connected and intimate discussions (6-8 people maximum)



20 Deep, healing, sexually open discussions + open sharing

BI-WEEKLY 1.5 H

Personalized resource emails sent sessions



Daily Social Media posts, Monthly newsletter tips & subscriber only complimentary offers



All templates, resources and guidance forms



Complimentary bi-weekly homework assignments / feedback & direct support in between the sessions (\$350 VALUE)

WITHIN 48H

Personalized Alice in Polyland book (\$15 VALUE)

PDF FILE

Complimentary Discovery Call on demand for support as needed (\$200 VALUE)



Personalized Play Date Recommendations (\$150 VALUE)



Complimentary monthly online webinars (\$35-199 VALUE)



Energy Orgasm Solo Mastery Course (\$497 VALUE)

\$100 OFF

Hero’s Journey to Inner Peace Course (\$297 VALUE)

INCLUDED

Elite Brilliance 3 month Package ONE ON ONE SESSIONS (\$100 VALUE)

\$100 OFF

TERMS AND CONDITIONS

ENERGY THERAPY SEXUAL EDUCATION – TERMS AND CONDITIONS

BRENNAN HEALING SCIENCE AND SEXUAL GUIDANCE

The Brennan Healing Science I practice helps to clear and charge the human energy field, remove energetic blocks that may lead to disease and to enhance natural capabilities holistically: body, mind, heart and spirit. I may be doing healing energy work both with my hands on the body and also through the Human Energy Field which surrounds the body. This work is done with being fully clothed and lying on the healing table. I may also coach you as well as teach you a few techniques on various topics such as sex education, stress reduction, pain management, meditation, connection deepening etc.

I do not medically diagnose or prescribe treatment. If you have a physical injury or disease condition, I ask that you be in the care of licensed medical professional. I do not advise you to discontinue any medical treatment you may be receiving. Additionally, I am not a therapist and do not practice or offer therapy. If you believe you have a serious psychological disorder, please consult a licensed psychologist or psychotherapist. Finally, Sexual Education or Pleasure Guidance is a non-sexual service – all private sessions are information-based. In a workshop setting, some techniques may potentially be shown on a live model. No naked sexual contact (i.e. no exchange of bodily fluids, and /or touching breasts / or genital, oral or anal penetration) is allowed between the presenter and students during our workshops.

Self-care is an extremely important part of this work and is your responsibility during our work together. If at any time during the session you are uncomfortable, please inform me immediately. I also recommend that you refrain from using alcoholic beverages for 24 hours following our practice session.

CONFIDENTIALITY

Any information you share with me during our session is always kept confidential. I may, at times, discuss clients (without mentioning their names) with my professional supervisor for the purpose of my continuing professional development, and so that clients may receive the best assistance available.

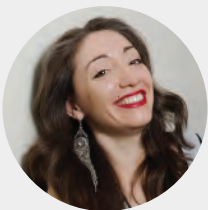
CANCELLATION POLICY / LATE ARRIVALS

Personal Guidance Session appointment represents time reserved especially for you. Please give a 24 hour notice in changing your appointment, so that another patient may be treated at that time instead. A session can be rescheduled if a sufficient notice (over 24h) is given, in which case the session's credit can stay on the account for up to 3 months from the day of the payment, no refunds are issued.

If you cancel less than 24 hours or forget to attend your session Evguenia asks that you still pay for the session in full. I ask for you to please plan to arrive on time for our session. Unfortunately, due to scheduling limitations, I am not able to extend the allotted time beyond the planned appointment. If you arrive late, you will be responsible for payment for the period of time you were scheduled for.

PAYMENT TERMS

Appointment bookings represent time reserved especially for you. 100% deposit is required to secure the booking. A la carte session payments are due prior to each session, monthly packages are paid at the end of each month prior to starting the work. Individual sessions / packages can be used within a period of 3 months from the time of purchase.



I am most happy to answer any questions regarding my studies/experience and I also encourage you to express any concerns you may have. In partnership for healing and with warm regards,

EVGUENIA